



MEDIA RELEASE

FOR IMMEDIATE RELEASE

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For more information contact:

Ami Forsberg, Day of Caring Coordinator
360-943-2773, x13 or aforsberg@unitedway-thurston.org

Sign up to participate in Day of Caring 2009

United Way of Thurston County's 17th annual Day of Caring will take place on September 25.

Day of Caring is an annual event where hundreds of volunteers from throughout Thurston County join local nonprofit and other community organizations to work on service projects. Participating organizations are matched with volunteers who donate their services to change our community for the better in one day. Not only does Day of Caring have a significant impact on the needs of local nonprofits, it also enables volunteers to meet new people, work as a team and gain new experiences. Day of Caring also kicks off United Way's 2009 campaign with a goal to raise \$1.3 million to help meet local health and human service needs.

This year, United Way has partnered with the Volunteer Center of Lewis, Mason & Thurston Counties and The Evergreen State College to offer both fun and meaningful opportunities for youth, individuals and families to engage in community service. Volunteers will be connected with a variety of projects that will benefit many local organizations and people that need help.

To sign up for a volunteer project, <http://volunteer.united-e-way.org/volcenterlmt/volunteer/> or call (360)741-2625. The deadline to sign up is August 31. For more information, email sara@volunteer.ws.

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www.unitedway-thurston.org

1211 Fourth Avenue East, Suite 101 Olympia, WA 98506
360.943.2773 phone / 360.943.2777 fax