

Social Good Event: Sunday, October 28, 2012

Improving health and fitness for families in Thurston County

Frequently Asked Questions

BEFORE THE EVENT

Is this event for me?

If you have an idea for improving health and fitness in Thurston County, this event is for you!

If you are a parent, student, teacher, volunteer, nonprofit, business, government, philanthropic organization, or anyone else who wants to make a huge difference in a couple of hours per week – this event is for you!

Can I attend without participating on a team?

We expect everyone who attends the training to participate on a team. Whether you want to be a team leader, have an idea for a project, or are just interested in volunteering, you will become part of a team at this training.

How do I register?

We do not have a formal registration system, but ask that you join the event on our Facebook page here: <https://www.facebook.com/AchieveSocialGood> . [Click Event, and then Join.]

What should I bring?

- Laptop or paper and pencil
- Camera
- Business cards
- Creative energy

How do I prepare?

If you are a team leader, you should bring a vision for your idea. If you have recruited team members, bring them with you. You should be prepared to “pitch” your idea in 60 seconds or less.

What will I be doing as a team/project leader?

You will provide the leadership and direction to guide your team. You will receive training on how to create and manage a high-performing team. Team leaders may end up playing several roles to make their project successful.

How do I know this is going to be worth my time?

You will receive internationally-recognized training on high-performing teams and learn how you and your team can make a measurable difference in 90 days. We have teamed with [Joe Justice](#) to provide training on a powerful new approach for:

- 1) Engaging people to form teams based on a mutual interest in a project idea;
- 2) Creating high-performing teams; and

- 3) Working across organizations to make a measurable difference toward a common goal.

What is the total time commitment?

It's a total of three Sunday afternoons over the next four months, plus a couple of hours of work per week.

What is the "value-add" to projects we've already been doing?

This Social Good Event offers a powerful new approach that offers added value in these areas:

- 1) Trains teams how to be high-performing where desired results are rapid and measurable.
- 2) Increases the level of citizen participation from merely informing or getting feedback to actively empowering in the decision-making process.
- 3) Works across organizations to make a measurable difference toward a common goal.

DURING THE EVENT

What will happen at the event?

Joe Justice of Team WIKISPEED will provide a 4-hour, hands-on training to help turn good ideas into great results.

Joe used his team-building knowledge and skills as a software developer to build a more efficient car. In three months, Joe and a team of volunteers built a car that:

- Gets 100 miles per gallon.
- Meets road and safety standards.
- Beat out most major corporations and universities in the most prestigious international competition of its kind – on a miniscule budget!

Joe is using the same techniques to help teams solve social problems like fighting polio in the third world and designing low-cost medical centers.

He will teach you how to be part of a high-performing team and how to get rapid results with higher quality and lower cost.

What types of ideas can I pitch?

We are open to any project ideas that will encourage nutritious eating or increase the daily physical activity of kids in Thurston County.

AFTER THE EVENT

Are teams expected to continue after the weekend?

We hope that you have the enthusiasm, tools and support you need to continue the idea after the training. Ideally, you will continue to work on the project with your team and achieve measurable results within 90 days. However, you are not obligated to continue work on the project.

What kind of support do you provide to help continue the project?

We plan to have two additional follow-up events spaced 4 to 6 weeks apart. At those events, teams will have the opportunity to receive additional training, present their results, and celebrate collective success.

Updated 9/30/12

For sure you will get this training, experiment is to see if you'll align with other entities to get greater collective impact.