Sunday October 28, 2012



Improving health and fitness for families in Thurston County

Ever wonder how BIG problems get solved?

- In just three months, Joe Justice, software developer, and a volunteer team built a car that gets 100 miles per gallon and works!
- Now Joe is sharing those same techniques with other volunteers to help solve social problems.
- Next up: Creating opportunities for active living and healthy eating for Thurston County families!

Want to learn how to do it?

Joe Justice will provide a 4-hour, hands-on training to help you turn good ideas into great results. You will:

- Join a team with a small but great project idea to encourage nutritious eating or increase daily physical activity.
- Learn to become a high-performing team.
- Get rapid results with higher quality and lower cost.
- Receive coaching and encouragement over three months.

How will you change the world?

- Bring an idea for improving health and fitness in Thurston County.
- Create a high-performing team.
- Get results by working together!

When?

Sunday, Oct. 28th 1- 5 p.m.

Where?

Black Hills High School 7741 Littlerock Road SW Olympia, WA 98512

How much?

The training is priceless but the cost is **free**.

Who should go?

Parents, students, teachers, volunteers, nonprofits, businesses, governments, philanthropic organizations, and anyone else that wants to make a huge difference in a couple of hours per week!

More info & RSVP?

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